



POLICY HIGHLIGHTS. Please read all of the posted policies.

Children ages 3 months to 10 years.

Kids' Room Waiver must be signed before supervision.

Supervision is limited to 2 hours per day when the parent is in F3 classes.

Food and drink is not allowed in the Kids' Room.

Children should arrive wearing a dry diaper. We cannot change diapers.

We cannot accept children with colds or contagious health issues.

Children who do not display appropriate behaviors will be returned to parents.

PLEASE RESERVE ONLINE IN ADVANCE. SPACE IS LIMITED.

POLICIES

<http://www.fitflexfly.com/kids/>

Children are accepted for supervision in the Kids' Room from the ages of 3 months to 10 years of age. The usage limit for each child is 2 hours/day when the parent is enrolled in classes at F3 /// Fit Flex Fly. Hours of operation are associated with specific fitness class times.

The cost is \$6 per hour per child.

First come first serve admittance based on advance reservation. Space is limited. Cost of Kids' Room is separate from any promotions, regular class fees and monthly unlimited plans. 3 hour cancellation policy required. No Refunds for partial sessions or for sessions cancelled with less than 3 hour notice.

Waiver must be signed before children will be granted supervision.

The only children that are authorized to be in the Kids' Room are those of the members.

Food and drink is not allowed in the Kids' Room. Parents are asked to feed their children before bringing them to the Kids' Room, as our staff are not authorized to feed children. By prohibiting food and drink, we ask you to help insure a clean and healthy environment for everyone.

Children should arrive wearing a dry diaper, as attendants are not permitted to change diapers. Should it be necessary, Kids' Room staff will find the parent to attend to the child's needs.

F3 /// Fit Flex Fly is not responsible for lost or damaged items brought from home.

Any property you child brings from home should be properly labeled. Coins, balloons, toy guns, and toy swords are not permitted in the Kids' Room.

Sick Children For the safety of everyone involved, parents are asked not to bring sick children to the Kids' Room. Children must be symptom free for 24 hours after symptoms cease. If your child does not attend school due to an illness, they will not be admitted into the Kids' Room. If your child contracts a contagious disease and has recently been to the Kids' Room, please contact the staff immediately. The following standards will be enforced to ensure that all children and staff are protected from communicable diseases.

Children with the following symptoms will not be accepted into the Kids' Room:

Cloudy nasal discharge or productive cough; Unidentified rash; Fever any grade; Diarrhea; Vomiting; Pink eye; Bad cold; Reddened sore throat.

Appropriate Behaviors For the benefit of all children in the Kids' Room, if a child does not adjust within ten minutes of beginning activities, the child will be returned to the parent for comforting. When the child is ready he/she may return to the Kids' Room. If a child is disruptive or becomes violent towards any other child and cannot be redirected to an acceptable activity, the Kids' Room staff will return the child to his/hers parents for one on one attention. Should a disruptive child be returned repeated during a single visit to child watch, the parent will be asked to excuse the child from the Kids' Room for the remainder of the day.